

**57 MINUTES: ALL THAT STANDS BETWEEN YOU AND  
A BETTER LIFE**

**Teresa Crawley**

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1 quote from 57 Minutes: All That Stands Between You and a Better Life: 'I travelled a lot for business and was in the office for long hours.'

**57 Minutes Quotes by Mike Jackson**

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**57 Minutes: All That Stands Between You and a Better Life by Mike Jackson**

57 Minutes is the short guide to life for busy individuals. Blending personal examples with inspirational concepts, 57 Minutes tackles many of the obstacles that.

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Although the concepts are very simple, they are great motivators and reminders that the road to a better life begins with the right approach, breaking down key elements in having the right mindset. Start free Blinkist trial.

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