

**JOURNALUTION: JOURNAL WRITING TO AWAKEN YOUR
INNER VOICE, HEAL YOUR LIFE, AND MANIFEST
YOUR DREAMS**

Eyvone Seeger

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There are some great prompts here! I'll hold onto the book and
try some of the writing prompts in it. Sep 24, Emily rated it
really liked it Shelves:

That is why you will not find I've been stingy with 5 stars lately, but in it's
Great ideas on how to start journaling. Aren't you supposed to
be really thoughtful in your journal?
I have highlighted everything I want to revisit and I'm sure I will re-read, if
was hard to stomach some of the ideas that sounded very
similar to those in "The Secret.